

Monday 27th January 2025

Lunch

MEAT FREE MONDAY

Homemade Celery Soup

Falafel, pitta bread, bulgur wheat,
Chilli sauce and garlic mayo
Whole wheat Pasta and tomato sauce
Jacket potato
Grated Cheese, Tuna Mayonnaise
Baked beans, butter
Homemade Quiche
Salad Bar
Apple Pie and Custard
Fresh fruit Salad

Dinner

Chicken with pesto pasta
And mozzarella
Salad Bar

Fresh Fruit Salad

Tuesday 28th January 2025

Lunch

Homemade Vegetable Soup

Pork Steak with gravy
Sauté potatoes and vegetables
Aubergine and tomato bake
Whole Wheat Pasta with tomato sauce
Jacket potato
Sliced Ham, Tuna Mayonnaise
Baked beans, butter
Homemade Quiche
Salad Bar
Steamed Choc Chip Sponge and Custard
Fresh Fruit Salad

Dinner

Mexican Chicken
With Rice and taco shells
Salad Bar

Fresh Fruit Salad

Wednesday 29th January 2025

Chinese New Year Lunch

Homemade Sweetcorn Soup
Chicken with black bean sauce or
Vegetable Spring Roll

Noodles, Jasmine Rice, Stir Fry Vegetables
Prawn Crackers
Whole wheat Pasta and tomato sauce
Jacket potato
Smoked Mackerel, Sliced Ham
Baked beans, butter
Homemade Quiche
Salad Bar/*Pickled Vegetables*
Hong Kong Style Custard Tarts
Fortune Cookie
Fresh Fruit Salad

Dinner

Beef Goulash with
Mashed potatoes and mixed vegetables
Salad Bar

Fresh Fruit Salad

Thursday 30th January 2025

Lunch

Spaghetti Bolognese
Veggie Bolognese
Garlic bread
Jacket potato
Sliced Ham, Grated Cheese
Baked beans, butter
Homemade Quiche
Salad Bar
Sweet
Fresh Fruit Salad

Dinner

Jerk Chicken
Roasted vegetables and spiced potatoes
Salad Bar

Fresh Fruit Salad

Friday 31st January 2025

Lunch

Chicken Nuggets or Veggie Nuggets
Chips and bbq sauce
Whole Wheat Pasta with tomato sauce
Jacket potato
Boiled Eggs, Sliced Ham
Baked beans, butter
Homemade Quiche
Salad Bar
Sweet
Fresh Fruit Salad

Dinner

Cottage Pie with vegetables
Salad Bar

Fresh Fruit Salad

Saturday 1st February 2025

Selection of cereals

Sausages, bacon, fried egg
Potato Waffle and baked beans
And Toast

Lunch

Selection of Sandwiches
Crisps and Fresh Fruit

Dinner

Chicken Curry, rice and poppadum
Salad

Fresh Fruit Salad

Sunday 2nd February 2025

Selection of cereals

Toast and Spreads
Pancakes and chocolate sauce

Lunch

Roast Loin of Pork,
Yorkshire pudding, stuffing,
Roast potatoes, vegetables, and gravy

Sweet

Dinner

Pasta/Rice Dish

Fresh Fruit Salad



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

