Monday 10<sup>th</sup> February 2025 Lunch

## MEAT FREE MONDAY

Homemade Carrot and Coriander Soup

Thai Green Vegetable Curry and Rice
Whole wheat Pasta and tomato sauce
Jacket potato
Grated Cheese, Tuna Mayonnaise
Baked beans, butter
Homemade Quiche
Salad Bar
Pancakes and ice cream
Fresh fruit Salad

Dinner Chicken en Croute Potatoes and vegetables

> Salad Bar Fresh Fruit Salad

Tuesday 11<sup>th</sup> February 2025 Lunch Homemade Tomato Soup

Lasagne or Vegetable Lasagne
Or Spicy Pork and Chorizo Jambalaya
Garlic Bread
Whole Wheat Pasta with tomato sauce
Jacket potato
Sliced Ham, Tuna Mayonnaise
Baked beans, butter
Homemade Quiche
Salad Bar
Steamed Date and Honey Sponge with Custard
Fresh Fruit Salad

Dinner Chicken Breast with pasta, pesto And mozzarella Salad Bar

Fresh Fruit Salad

Friday 14<sup>th</sup> February 2025 Lunch Homemade Vegetable Soup

Jumbo Sausage or Veggie Sausage,
Fried egg and chips

Whole Wheat Pasta with tomato sauce
Jacket potato

Tuna Mayonnaise, Sliced Ham
Baked beans, butter
Homemade Quiche
Salad Bar
Homemade Cupcakes
Fresh Fruit Salad

Wednesday 12<sup>th</sup> February 2025 Lunch Homemade Mulligatawny Soup

Chicken Breast or Quorn Fillet
BBQ sauce, sauté potatoes and vegetables
Whole wheat Pasta and tomato sauce
Jacket potato
Tuna Mayonnaise, Sliced Ham
Baked beans, butter
Homemade Quiche
Salad Bar
Tarte Tatin and Custard
Fresh Fruit Salad

Dinner

Homemade Pizzas

Salad Bar

Fresh Fruit Salad

Thursday 13<sup>th</sup> February 2025 Lunch Homemade Spinach and Lentil Soup

Chicken and Bacon Penne Pasta Bake
Chilli con carne or Veggie Chilli and rice
Jacket potato
Sliced Ham, Grated Cheese
Baked beans, butter
Homemade Quiche
Salad Bar
Mango and Chocolate Cheesecake
Fresh Fruit Salad

Dinner

Chicken Katsu

Salad Bar

Fresh Fruit Salad



## SLINDON COLLEGE

## **Allergen Information**

"All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering. Full allergen information is available on request"





























