

<p>Monday 6<sup>th</sup> January 2025</p> <p>Lunch</p> <p><b>MEAT FREE MONDAY</b></p> <p>Homemade Lentil, Chickpea and Chilli Soup</p> <p>Macaroni (organic pasta) Cheese</p> <p>Whole wheat Pasta and tomato sauce</p> <p>Jacket potato</p> <p>Grated Cheese, Tuna Mayonnaise</p> <p>Baked beans, butter</p> <p>Homemade Quiche</p> <p>Salad Bar</p> <p>Eves Pudding and Custard</p> <p>Fresh fruit Salad</p> <p>Dinner</p> <p>Cottage Pie with vegetables</p> <p>Salad Bar</p> <p>Fresh Fruit Salad</p>	<p>Tuesday 7<sup>th</sup> January 2025</p> <p>Lunch</p> <p>Homemade Tomato and Basil Soup</p> <p>Chicken Casserole or Vegetable Casserole</p> <p>With Dumpling</p> <p>Whole Wheat Pasta with tomato sauce</p> <p>Jacket potato</p> <p>Sliced Ham, Tuna Mayonnaise</p> <p>Baked beans, butter</p> <p>Homemade Quiche</p> <p>Salad Bar</p> <p>Bread and Butter Pudding and custard</p> <p>Fresh Fruit Salad</p> <p>Dinner</p> <p>Homemade Pasty</p> <p>Homemade Chips and peas</p> <p>Salad Bar</p> <p>Fresh Fruit Salad</p>	<p>Wednesday 8<sup>th</sup> January 2025</p> <p>Lunch</p> <p>Homemade Leek and Potato Soup</p> <p>Butcher Pork Sausages or Veggie Sausage</p> <p>Mashed potatoes, vegetables and gravy</p> <p>Whole wheat Pasta and tomato sauce</p> <p>Jacket potato</p> <p>Tuna Mayonnaise, Sliced Ham</p> <p>Baked beans, butter</p> <p>Homemade Quiche</p> <p>Salad Bar</p> <p>Steamed Jam Sponge and Custard</p> <p>Fresh Fruit Salad</p> <p>Dinner</p> <p>Chicken Escalope</p> <p>Pasta and sauce</p> <p>Garlic pizza bread</p> <p>Salad Bar</p> <p>Fresh Fruit Salad</p>	<p>Thursday 9<sup>th</sup> January 2025</p> <p>Lunch</p> <p>Chilli Con Carne or Vegetable and Bean Chilli</p> <p>With Rice and garlic bread</p> <p>Taco shell (salad bar)</p> <p>Jacket potato</p> <p>Sliced Ham, Grated Cheese</p> <p>Baked beans, butter</p> <p>Homemade Quiche</p> <p>Salad Bar</p> <p>Chocolate Gateau</p> <p>Fresh Fruit Salad</p> <p>Dinner</p> <p>Breaded Pork</p> <p>Potatoes, vegetables and gravy</p> <p>Salad Bar</p> <p>Fresh Fruit Salad</p>
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<p>Friday 10<sup>th</sup> January 2025</p> <p>Lunch</p> <p>Southern Fried Chicken Breast or Veggie Schnitzel</p> <p>With Chips</p> <p>Whole Wheat Pasta with tomato sauce</p> <p>Jacket potato</p> <p>Tuna Mayonnaise, Sliced Ham</p> <p>Baked beans, butter</p> <p>Homemade Quiche</p> <p>Salad Bar</p> <p>Jelly and Cream</p> <p>Fresh Fruit Salad</p> <p>Dinner</p> <p>Beef Stroganoff</p> <p>Rice, green beans and french bread</p> <p>Salad Bar</p> <p>Fresh Fruit Salad</p>	<p>Saturday 11<sup>th</sup> January 2025</p> <p>Selection of cereals</p> <p>Sausages, bacon, fried egg</p> <p>Potato Waffle and baked beans</p> <p>And Toast</p> <p>Lunch</p> <p>Selection of Sandwiches</p> <p>Crisps and Fresh Fruit</p> <p>Dinner</p> <p>Kofta and Pittas, chilli sauce, garlic mayo</p> <p>And Chips</p> <p>Salad</p> <p>Fresh Fruit Salad</p>	<p>Sunday 12<sup>th</sup> January 2025</p> <p>Selection of cereals</p> <p>Toast and Spreads</p> <p>Pancakes and chocolate sauce</p> <p>Lunch</p> <p>Roast Loin of Pork,</p> <p>Yorkshire pudding, stuffing,</p> <p>Roast potatoes, vegetables, and gravy</p> <p>Sweet</p> <p>Dinner</p> <p>Pasta/Rice Dish</p> <p>Fresh Fruit Salad</p>
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*SLINDON COLLEGE*

## **Allergen Information**

**“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.**

**Our menu descriptions do not include all of the ingredients.**

**If you have a food allergy, please inform the kitchen team before ordering.**

**Full allergen information is available on request”**

